

NATIONAL INSTITUTE OF TRAINING IN AYUSH



SHORT TERM COURSE ON **PALLIATIVE CARE**

DURATION

10 DAYS



The course includes theory sessions on Ayurvedic management of pain and common symptoms, palliative emergencies, pediatric and geriatric palliative care, nursing care, ethics and end-of-life care and palliative home care.

VENUE

National Institute of Training in AYUSH (NITIA),
Iranimuttam, Thiruvananthapuram, Kerala



NATIONAL INSTITUTE OF TRAINING IN AYUSH

TEN- DAYS SHORT TERM COURSE ON

PALLIATIVE CARE

DAY	SESSION & TOPICS
DAY 1	S1 Introduction to Palliative care
	S2 Communication skills
	S3 Ayurvedic management of Pain
	S4 Ayurvedic management of Gastro-intestinal symptoms
DAY 2	S1 Ayurvedic management of Respiratory symptoms
	S2 Ayurvedic management of Genito-urinary symptoms
	S3 Ayurvedic management of Delirium, Sleep disturbance, Fatigue, Brief description on palliative emergencies.
	S4 Ayurvedic management of Neuropsychological disorders
DAY 3	S1 Ayurvedic management of Musculoskeletal disorders
	S2 Pediatric palliative care
	S3 Geriatric palliative care
	S4 Nursing care
DAY 4	S1 Familiarization of medical equipments and accessories
	S2 Ethics and end-of-life care

FACILITIES OFFERED

- *World class training facilities
- *Perfect academic ambience
- *Accredited faculties
- *Rental accommodation based on requirement

Course fee - Rs 30,000/- per head
 (25% Discount for Government-Sponsored Candidates)

